
Michael Pearlman, M.D.
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(617) 620-2230

CURRICULUM VITAE

Date of Birth: 20 September 1942
Place of Birth: Cambridge, Massachusetts

EDUCATION

1964 A.B. Boston University
1970 M.D. Tufts University School of Medicine

POSTDOCTORAL TRAINING

Internship and Residency

1970-1971 Intern in Surgery, Harkness Community Hospital and Medical Center, San Francisco, California
1971-1974 Resident in Psychiatry, McLean Hospital, Belmont, Massachusetts

FELLOWSHIPS

1974-1975 Clinical Fellow in Psychiatry, Massachusetts Institute of Technology, Cambridge, Massachusetts
1974-1975 Clinical Fellow in Psychiatry, McLean Hospital, Belmont, Massachusetts

LICENSURE AND CERTIFICATION

1971 Massachusetts License Registration No. 33601
1971 National Board of Medical Examiners
1977 American Board of Psychiatry and Neurology Certificate No. 16237

HOSPITAL APPOINTMENTS

2000-Present Associate in Psychiatry, Arbour Hospital, Arbour-H.R.I. Hospital and Medical Director "The Alcohol Treatment Centers" Arbour Counseling Services, Boston, MA

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HOSPITAL APPOINTMENTS (continued)

- 1996-2000 Senior Vice President & Medical Director, The Charles River Hospital, Wellesley, Massachusetts
- 1996-1999 Attending Psychiatrist, The Arbour Hospital, Boston, Massachusetts
- 1992-1996 Medical Director, The Addiction Programs, The Arbour Hospital, Boston, Massachusetts
- 1989-1990 Active Staff, Mt. Auburn Hospital, Cambridge, Massachusetts
- 1986-1989
1975-1978 Assistant Attending Psychiatrist, McLean Hospital, Belmont, Massachusetts
- 1989-1991
1978-1986 Courtesy Staff, Department of Psychiatry, McLean Hospital Belmont, Massachusetts

Academic Appointments

- 1984-1992 Clinical Instructor in Psychiatry, Harvard Medical School
- 1976-1979 Psychoanalytical Candidate, Psychoanalytic Institute of England, East
- 1974-1978 Clinical Instructor in Psychiatry, Harvard Medical School
- 1971-1974 Clinical Fellow in Psychiatry, Harvard Medical School

Other Professional Positions

- 1998-Present Senior Vice President & Medical Director ContrAl America, Wellesley, MA
- 1995-1996 Executive Committee of the Medical Staff, Arbour Hospital, Boston Massachusetts
- 1992-1993 Consultant Psychiatrist for High Point Treatment Centers, Plymouth and Quincy, Massachusetts
- 1992-1993 Consultant Psychiatrist for Topsy, Topsfield, Massachusetts
Consultant for MHMA Corporate office, Nashville Tennessee
- 1989-1992 Consultant on Alcoholic and Drug Abuse, Consult-Liaison Service, Dept. of Psychiatry, Beth Israel Hospital, Boston, Massachusetts
- 1992 Consultant Psychiatrist, Mental Health Management of America Utilization Review
- 1989-1990 Psychiatric Physician Review Consultant, Blue Cross and Blue Shield of Massachusetts

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Other Professional Positions (continued)

- 1989-1990 Consultant Psychiatrist, Center of Addictive Behaviors,
Salem, Massachusetts
- 1988-1990 Consultant Psychiatrist, Mt. Auburn Hospital Center for Alcohol
Problems, Cambridge, Massachusetts

*Memberships, Offices and Committee Assignments
in Professional Societies*

- 1994-1996 Member, Board of Advisors - Joint Conference Committee of
The Arbour Hospital and Universal Health Services
- 1993-1999 Director, Greater Boston Council on Alcoholism, Inc.
- 1993-Present Member, Advisory Board of Realtors Concerned for Realtors
- 1988-1992 The Committee on Physician Health of the Massachusetts
Medical Society
- 1988-1998 Massachusetts Medical Society
- 1988-1998 Consultant Psychiatrist Member, Committee on Drug and Alcohol
Dependency of the Massachusetts Dental Society
- 1987-2003 American Society of Addiction Medicine
- 1987-2003 The Massachusetts Psychiatric Society Committee on Alcoholism
and the Addictions
- 1973-2003 American Psychiatric Association, General Member

Teaching Experience

- 1984-1992 Supervision of Harvard Medical Students during Psychiatry
Rotation at Beth Israel Hospital, Boston, Massachusetts
- 1987-1992 Supervision of Harvard Medical Students “Introduction to
Clinical Medicine” at Beth Israel Hospital
- 1989 Lecture on “Assessment of Alcoholism in the General Hospital”
for Harvard Medical School Psychiatry Residents and the Consult
Liaison Service

Lectures and Presentations

- 2000 Presentation: “The Use of Naltrexone in the Treatment of
Alcoholism”, Massachusetts Chapter of the Employee Assistance
Professional Association, 11 February 2000, Boston, MA.

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1989 Presentation: “The Use of Spiritual Paradigm in Effecting Change in the Psychotherapy of Addicts”, Addiction Medicine Conference, Faulkner Hospital, Boston, Massachusetts

1989 Presentation: “Contrasting Spiritual and Scientific (Psychiatric) Approaches to Psychotherapy”, Spofford Hall Professional Education Series, Hartford, Connecticut.

Other Public Experience

1999 650 AM WRPT Radio Health & Fitness “Where Real People Talk” Presentation: “Naltrexone and Excessive Drinking”.

1999 New England Cable News Television Broadcast Interview by Ms. Davida Wright 7 December 1999 “Naltrexone and Alcohol Craving”.

1990-1991 Host of WMEX Radio Program “Strategies for Leadership” broadcast weekly.

Publication: Chapter: “The Elderly”; Shader, R., C. Salzman, M. Pearlman in Psychotropic Drug Side Effects, Clinical and Theoretical Perspectives, Shader, R., DiMascio, C. and Associates, Williams and Wilkins, Baltimore, Maryland, 1970.

2001-Present Founder and Medical Director of Pearlman Therapeutics LLC and FreedomFromAlcohol.com (www.FreedomFromAlcohol.com)

FreedomFromAlcohol.com is the home of Pearlman Therapeutics LLC, which offers the Pearlman Method, a healing, outpatient program designed to assist excessive drinkers in controlling their drinking and transforming their lives. The program can help reduce the craving for alcohol, moderate drinking or support the cessation of drinking entirely, facilitating a comfortable return to choice and health. This is a personalized, private approach that combines a safe, effective, FDA-approved anti-craving medication with supportive counseling and coaching.

2005-Present DATA 2000 Waiver from Drug Enforcement Administration to prescribe buprenorphine (Suboxone® and Subutex®).